

350 ANKLE AIR SPLINT

QUICK START GUIDE

OVERVIEW

We are constantly answering questions and recording helpful videos to make using your Coretech 350 Ankle Air Splint as easy as possible. Check out the included link and QR code to help you through the process.



To see all FAQ's in one place visit vhealth.link/7g1

APPLICATION

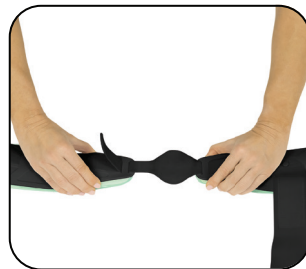
1. Undo both leg straps and open the splint completely.



2. Lay the 350 Ankle Air Splint flat on the ground with the air pads facing up, then place your heel directly on the heel strap. Lift the splints to completely cover the sides of your ankle.



3. To adjust the fit of the heel, flip the splint over and loosen the heel straps. Extend them for a larger fit or tighten them for a smaller fit. Reattach the straps and test the fit.



4. Wrap the bottom strap around your leg followed by the top. You may trim any excess strap material if necessary.



5. (Optional) To increase cushioning, take the included air pump and insert the inflation end into the top opening of the air pads; Inflate by pressing the pump. When done fold and tuck the opening in between the air pad and the plastic splint.



6. To deflate, insert the opposite end of the air pump into the top and press the air pad to release the air.



The 350 Ankle Air Splint may be used with or without shoes.



CARE

- Remove the air pads and wipe them down with a damp cloth, dry immediately. Do NOT machine wash or dry. Do not submerge in water.



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