

# 396 DORSAL NIGHT SPLINT

## QUICK START GUIDE

### OVERVIEW

We are constantly answering questions and recording helpful videos to make using your Coretech 396 Dorsal Night Splint as easy as possible. Check out the included links and QR codes to help you through the process.



To see all FAQ's in one place visit [vhealth.link/onp](https://vhealth.link/onp)

### APPLICATION



Want to watch us do this? Check out [vhealth.link/de2](https://vhealth.link/de2) for an easy instructional video.

1. Undo and loosen all straps.
2. Insert the toes through the bottom opening and secure the bottom strap.



3. Secure the middle strap around the ankle.



4. Secure the top strap around the calf.



5. (Optional) An extra pad with adhesive backing is included, this can be added in between the plastic splint and padding if needed for extra comfort.



## CARE

- Do NOT machine wash or dry. Hand-wash in cold water and hang dry. Do Not Bleach.

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